Thank you SO much for checking out my work! I hope you are pleased with your investment. Please note my work is intended for your personal use only. Do not make copies and distribute my work to anyone or upload to any websites. If you have any questions, concerns, or suggestions please do not hesitate to contact me! You may visit my blog at frogsandcupcakes.blogspot.com or email me at froggycupcakes@gmail.com.

Thanks again!
Janaye
4th Grade Teacher
Charts can be folded in half and placed into a pocket in math notebooks.
Customary Capacity

- Smaller:
  - ounce (oz)
  - cup (c)
  - pint (pt)
  - quart (qt)
  - gallon (gal)

- Larger:
  - 2 tablespoons
  - school milk carton
  - small container of ice cream
  - milk carton or orange juice carton
  - jug of milk

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Customary Weight

- **lighter**
  - ounce (oz)
  - slice of bread

- **pound (lb)**
  - loaf of bread

- **heavier**
  - ton (T)
  - bread truck

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Customary Length

shorter

inch

in.
inchworm

foot

ft

forearm

yard

yd

giant step

mile

mi

road trip
Metric Mass

- milligram (mg)
- gram (g)
- kilogram (kg)

feather - paper clip - baseball bat
Metric Capacity

smaller

milliliter

mL

eye dropper

larger

liter

L

large soda bottle
Metric Length

- **Millimeter (mm)**: thickness of a dime
- **Centimeter (cm)**: width of pinky
- **Meter (m)**: giant step
- **Kilometer (km)**: car trip
An alternative to ready-made charts—have students come up with the examples on their own!